

# CANTEEN MENU

## YBK Breakfast

- Café Style Raisin toast \$ 2.00
- Honey, jam or vegemite toast \$ 1.50
- Pikelets with jam or honey \$ 1.00
- School size banana bread 80g \$ 4.00
- Cheese Jaffle \$ 1.50
- Fresh fruit salad small \$ 3.00 Lrg \$ 5.00
- Fruit salad and Greek yoghurt \$ 5.50
- Variety of homemade muffins \$ 3.00



## Drinks

- Water \$ 2.50
- Sparling Mineral water \$ 3.00
- Glee \$ 3.00
- Plain Milk popper \$ 3.00
- OAK Flavoured milk 300ml \$ 3.70
- Soy milk \$ 3.50
- Up&Go \$ 3.70

### OCCASIONAL

- Juice poppers 99% fruit juice 250ml \$ 3.00

## YBK Snacks

### Everyday

- Seasonal fresh fruit \$ 1.50
- Fruit Skewer \$ 2.00
- Apple slinky \$ 1.50
- Fresh fruit salad Sm \$3.00 Lrg \$ 5.00
- Fruit salad and Greek yoghurt \$ 5.50
- Carrot Stick (4x) \$ 0.50
- Health pack (carrot, celery, cucumber, ham, cheese and crackers) \$ 4.00
- Cucumber, celery and carrot cups with Hummus \$ 3.00
- Variety of homemade muffins \$ 3.00
- Pizza bread \$ 2.00
- Greek Yoghurt cups \$ 1.50
- Greek Yoghurt cups with berries \$ 2.00
- Pauls Vanilla Custard \$ 2.00

### OCCASIONAL

- Oven baked hash browns \$ 1.50
- Garlic Bread \$ 1.00
- Popcorn Plain \$ 2.50

## Frozen

### Everyday

- Pineapple rings \$0.80
- Juicies \$ 2.00
- Frozen juice cup \$ 2.00
- Juicie Tubes \$ 2.50

### OCCASIONAL

- Paddlepop \$ 2.50
- Moosies, frozen milk \$ 2.50
- Twisted Yoghurt cups \$ 3.50

## Special Diets

### GLUTEN FREE

- Muffins \$ 3.00
- Banana bread \$ 6.00
- Piranha Veggie chips \$ 3.00
- Pasta Bolognaise \$ 7.00
- Homemade fried rice with gluten free soy sauce \$ 5.50 (250g)
- Health pack with gluten free crackers and gluten free Hummus \$ 4.00
- Gluten free burgers \$ 8.00
- Gluten free pie \$ 7.50
- Gluten free sausage roll \$ 6.50



### DAIRY FREE

- Yoghurt \$ 3.50
  - Soy milk \$ 3.50
  - Muffins \$ 3.00
- dairy free breads and spreads



### HALAL

- Halal Beef burger (beef Patty, tomato and lettuce) \$ 7.00
- Pasta Bolognaise \$ 6.50
- Pasta with napoletano sauce \$ 5.50
- Cheesy lasagna in napoletano sauce \$ 6.50
- Homemade Butter chicken with rice \$ 7.30
- Falafel wrap (Falafel, hummus, lettuce, tomato and cucumber) \$ 8.00
- Chicken burger (chicken, lettuce and mayo) \$ 7.00
- Chicken kebab stick \$ 4.00
- Chicken kebab in a wrap \$ 5.50
- Chicken kebab in a wrap with lettuce and mayo \$ 6.50



## Cold Food

### SANDWICHES

white wholemeal, multigrain, Helgas low carb and gluten free bread available

- Vegemite or honey \$ 2.50
- Vegemite and light tasty cheese \$ 4.50
- Light Tasty Cheese \$ 4.00
- Chicken, lettuce and mayo \$ 5.50
- Chicken and salad \$ 6.00
- Egg and Lettuce \$ 5.00
- Salad \$ 5.00
- Tuna and mayo \$ 5.00
- Tuna and salad \$ 6.00
- Light Tasty Cheese and tomato \$ 4.50
- Ham \$ 4.50
- Ham and tasty cheese \$ 5.50
- Ham and salad \$ 6.00
- Cheese and salad \$ 6.00
- Ham, tasty Cheese and Tomato \$ 6.00

(extra fillings \$ 0.50 toasted \$ 1.00 roll \$ 1.00 Turkish bread \$1.00 GF \$1.00)



## Hot Food

- Homemade Pasta Bolognese \$ 6.50 (250g)
- Homemade Pasta with napoletano sauce \$ 5.50 (250g)
- Fried rice with vegetables \$ 5.50
- Homemade cheesy lasagna \$ 6.50
- Homemade Butter chicken with rice \$ 7.30
- Wonton Soup chicken \$ 5.00
- Chicken noodle soup \$ 4.00
- Chicken Burger with chargrilled chicken breast, lettuce, mayo \$ 7.00
- Beef burger with beef patty, lettuce, tomato and sauce \$ 7.00
- Vegetarian Burger - potato patty, lettuce, tomato and mayo \$ 7.00

### OCCASIONAL

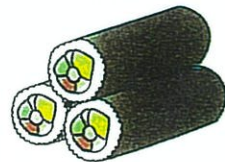
- Ricotta and Spinach Rolls \$ 5.00
- Timbertown Junior pies \$ 4.00 sauce 50cent

### Fresh Salads

- Garden Salad and dressing \$ 6.70
- Grilled chicken and salad \$ 8.00
- Tuna and salad \$ 8.00
- Greek salad \$ 7.20
- all small salads \$ 5.70

### OCCASIONAL

- Caesar salad (lettuce, bacon, parmesan and croutons) \$ 7.50 (chicken \$1.00 extra)



## YBK Weekly Meals

(WRAPS)

### MONDAY

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo \$ 8.00
- Ham, cheese and Pineapple \$ 7.50
- Tuna, lettuce, tomato and mayo \$ 8.00
- Falafel with mixed salad, carrots, cucumbers, hummus and Tzatziki \$ 8.00
- Homemade Chicken schnitzel, avocado, lettuce and mayo \$ 8.50
- Chicken Kebab stick \$ 4.00
- Chicken Kebab in a wrap \$ 5.50
- Chicken Kebab on wrap with lettuce and mayo \$ 6.50

### TUESDAY

- Chicken nuggets 4x \$ 3.50  
6x \$ 5.00

### WEDNESDAY - Pizza

- Pizza Margherita \$ 5.50
- Pizza Vegetarian \$ 6.00
- Pizza Ham and Pineapple \$ 6.50
- Pizza Meatlovers \$ 7.50

### THURSDAY

- Chicken nuggets 4x \$ 3.50  
6x \$ 5.00

### FRIDAY

- Sushi Roll Tuna/Teriyaki Chicken/Vegetarian \$ 4.80
- Sushi Baby Box Tuna or cucumber \$ 4.80
- Edamame beans \$ 3.50

\*Daily specials may change according to season, weather/school events.